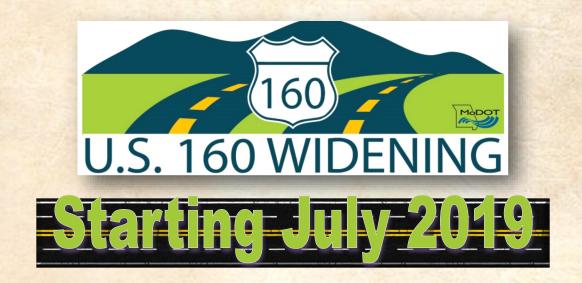
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Willard Watch





A message from the Clerk....

an you believe it is already July?? July is marked full of exciting events with 4th of July Celebrations and summer plans. But it is also a very dangerous time for heat related illness. Here is some information that may help you stay safe! Know the signs of heat-related illness and the ways to respond to it.

HEAT CRAMPS

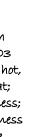
- Signs: Muscle pains or spasms in the stomach, arms, or legs
- Actions: Go to a cooler location. Remove excess clothing. Take sips of cool sports drinks with salt and sugar. Get medical help if cramps last more than an hour.

HEAT EXHAUSTION

- * Signs: Heavy sweating, paleness, muscle cramps, tiredness, weakness, dizziness, headache, nausea or vomiting, or fainting
- * Actions: Go to an air-conditioned place and lie down. Loosen or remove clothing. Take a cool bath. Take sips of cool sports drinks with salt and sugar. Get medical help if symptoms get worse or last more than an hour.

HEAT STROKE

* Signs: Extremely high body temperature (above 103 degrees) taken orally; red, hot, and dry skin with no sweat; rapid, strong pulse; dizziness; confusion; or unconsciousness Actions: Call 911 or get the



person to a hospital immediately. Cool down with whatever methods are available until medical help arrives.

We at the City hope you all have an amazing month of July! Don't forget about the Willard Aquatic Center if you are looking for ways to cool off!

Thank you all for making our City the best place to be in Southwest Missouri!

Jennifer Rowe

City Clerk / Director of Emergency Management

Willard Fire News



When to Call 911

When we go to the Willard Public Schools, one of the first questions we ask is "what do you do in an emergency?" Kids begin yelling "Call 911!" Then there is inevitably the kids that yell "Stop, Drop, and Roll!" Of course this always makes us laugh but the truth is, sometimes the general public is unsure of what constitutes an emergency. We have compiled a list that may help you to know when to call 911.

Call 911 if there are any of these warning signs:

- Shortness of breath or breathing difficulty
- Dizziness, weakness or fainting
- Pain in the chest or upper abdomen that lasts 2 minutes or longer
- Vision changes, such as double vision
- Speaking difficulties
- Mental confusion
- Sudden, severe pain
- Bleeding that won't stop after 10 minutes or longer
- Coughing up blood
- Suicidal feelings
- Severe allergic reactions

Call 911 if you answer yes to the following:

- Is the person's condition life-threatening?
- Could the person's condition worsen and become lifethreatening on the way to the hospital?
- Could moving the person cause further injury?
- Does the person need the skills or equipment of emergency medical providers?
- Would distance or traffic conditions cause a delay in getting the person to the hospital?
- When in doubt



Do NOT Call 911 for non-emergency situations like the following:

- Transportation to a doctor's appointment
- Getting a prescription filled
- Seeking treatment for minor cuts or abrasions
- To receive quicker attention in the emergency room arriving via ambulance will not get you faster medical treatment

Remember calling 911 for a non-emergency event could tie up valuable resources and put a life at risk!

*Scenarios like these may require medical advice or help, ranging from first aid at home to an emergency department visit but none require an ambulance response.

We hope this information is helpful to you. If you have questions or would like further information, please contact us at 417-685-3114 or info@willardfire.com. You can visit our website www.willardfire.com or follow us on Facebook or Twitter.

Park News

reedom Fest was a hit this year! We had more vendors, attendees, competitors, and fireworks than ever before! Special thanks again to all our sponsors! We couldn't do it without them! You can find them all on our Facebook page @WillardParks or WillardFreedomFest.com along with



photos of the 2019 event and winners of the Freedom Parade and Little Miss Firecracker Pageant.



Kid-Venture Camps

he WOHE Kid-Venture Camp, Willard Park's 2nd location for summer camp, officially opened on July 1st. This month, both WOHE and REC locations will be attending WEEKLY fieldtrips to places such as Rutledge Wilson Farm Park, Republic Pool, Andy B's, and Dickerson Park Zoo. These will be in addition to all the other fun we have scheduled with theme weeks, movie days, weekly trips to The WAC, and more! Weekly and daily rates available, state pay accepted, GET YOUR KIDS REGISTERED TODAY! 417-742-5380.

Sports

ports are going well, considering the rain interruptions. Baseball should end July 16th if the weather cooperates. Registration for the Pickleball Showdown is due by July 8th, and the



Tournament is on July 13th! We are very excited about our first Pickleball Tournament! Registration for Volleyball and Soccer will open on Monday, July 8th. Register for all sports at WillardParks.com.

Pool Hours

ith all these storms moving through the Ozarks, our city's aquatic center has had a sporadic schedule. Please be aware that The WAC is required to shut down during lightning and thunder. If the weather looks iffy, it may be best to call The WAC directly at 417-742-5343 before making the trip. Also, another Movie Night at The WAC is in the works for July 20th, so plan for it!

Public Swimming Hours Monday through Friday: 1:00 pm-7:00 pm **Saturday:** 12:00 pm-7:00 pm **Sunday:** 12:00 pm-6:00 pm

Daily Fees

Ages 2 and Under - FREE Ages 3 + - \$5Ages 55 + - \$3*Groups of 10 or more may be eligible*

for a group rate of \$3 each!

Heat Exhaustion Vs Heat Stroke

HEAT **EXHAUSTION**

HEAT STROKE

Faint or dizzy

Excessive sweating

Cool, clammy skin

Nausea or vomiting

Rapid, weak pulse

Muscle cramps

- · Get to a cool shaded area or air-conditioned place
- Drink water if fully conscious
- Take a cool shower or use cold compresses

Throbbing headache

No sweating

Red, hot, dry skin

Nausea or vomiting

Rapid, strong pulse

May lose consciousness

• Call 9-1-1

· Take immediate action to cool the victim by any means until help arrives (ice bath, cold towels, etc.)

DID YOU KNOW...

- In a normal year, approximately 175 Americans die from extreme heat. Young children, elderly people, and those who are sick or overweight are more likely to become victims.
- Between 1936 and 1975, nearly 20,000 people succumbed to the effects of heat and solar radiation.
- Because men sweat more than women, men are more susceptible to heat illness because they become more quickly dehydrated.

Knowing how the body deals with excessive heat is critical in understanding the dangers to you and proper steps to take to prevent becoming a victim of excessive heat.



Project Facts:

- Widen Route 160 to four lanes between I-44 in Springfield and Jackson Street in Willard
- Resurface the existing lanes of Route 160 between I-44 in Springfield and Route AB in Willard
- Intersection improvements
- J-turn at Farm Road 123/Westgate Avenue
- Right-in/Right-out at Haseltine Road (Farm Road 115)
- Roundabout at Farm Road 94 near quarry
- Add left-turn lane at Hughes Road
- Roundabout at Farm Road 103/Melville Road/Hunt Road
- Add a pedestrian underpass at Hunt Road
- Roundabout at Jackson Street
- NEW: Add turn lanes at Route AB; no roundabout at Route AB
- Traffic barrier wall between lanes in areas
- Street lighting at intersections



Route 160 at Greene County Farm Road 94



Route 160 at Jackson Street

Traffic Impacts:

During 2019

- Route 160 traffic stopped for up to 15 minutes to allow crews to blast rock. The exact dates/times will be announced later.
- Nighttime one-lane traffic at times. Flaggers will direct drivers through the work zone. Nighttime work will take place between 8 p.m. and 6 a.m.

During 2020

- Side roads closed up to 35 calendar days where crews are working at intersections. Two side roads
 adjacent to one another will NOT be closed at the same time. There will be signed detours for some of
 the closed county roads.
- Route 160 traffic shifted to new lanes so that intersections can be completed and crews can rehabilitate the existing bridge over the Frisco Highline Trail
- The Frisco Highline Trail CLOSED up to 60 days to allow crews to build a new passage under the new highway lanes

Roundabout Facts:

- Safer than standard stop sign or traffic signal-controlled intersections
- Lowers average speed of traffic
- One-way travel; lowers number of directions drivers must look for oncoming traffic
- Reduces delay
- Allows more vehicles to travel through intersection
- Can accommodate all vehicles, including school buses, tractor-trailers and dump trucks
- Reduces serious injury crashes by 75%; reduces fatality crashes by 90% (source: Insur-ance Institute for Highway Safety)
- Less expensive than conventional highway intersection

Meeting Dates Board of Aldermen July 8th & 22nd Planning and Zoning July 23th Park Board July 25th Tree Board July 18th *Reminder all meetings start at 7:00 p.m.*

	EPHILIPA
Mayor	
Corey Hendrickson	417-234-4713
Core, Trendrick	
Board of Aldermen	
Clark McEntire	417-631-1599
Donna Stewart	417-493-9894
Sam Baird	
Samuel Snider	417-839-9444
Jon Jones	417-224-2805
Larry Whitman	417-343-0994
	A PROPERTY LAND
City Administrator	1015 402 117
Bradley Gray	417-742-5304
City Clerk	
Jennifer Rowe	417-742-5302
Chief of Police	The same
Bradley Gray City Clerk Jennifer Rowe	

417-742-5341

Contacts